



A men's health and wellbeing event with a wide range of opportunity to people to engage about the topics which matter most to them.

'Fella's Fair' will take place at **6pm** on **Tuesday 11th July 2023** at Heybridge Swifts Football Club.

It is a **free** event which will provide an opportunity for people to network, take away information on men's health and wellbeing and listen to real life stories before the pre-season match night.

Information and signposting will be provided by a wide range of organisations including men's health and wellbeing charities, cancer screening, health checks, addiction and recovery services, armed forces and veteran services, mental health services, weight management services and much more!

Tickets:

www.eventbrite.com/e/fellas-fair-tickets-624267449747